## Oripää gym rules

The gym is available every day from 6 am to 10 pm. Keys to the gym are sold at the library.

All users of the gym are asked to inform any defects and deficiencies found in the gym, vandalism, disorders etc. to wellness and sports instructor or in urgent cases, you should call to the municipal technical support service tel. 044 491 3903.

- 1. Each gym user is obliged to keep the gym in order and clean. But everything back to its place and don't leave plates on the barbells.
- 2. Use only indoor shoes at the gym. Training barefoot or in outdoor shoes is strictly prohibited.
- 3. The age limit for the gym is 15 years. 12-14 year olds can use the gym with their parents and under their responsibility.
- 4. Users can not occupy one equipment for a long time, the equipment is released between sets for use by others.
- 5. It is strictly prohibited to put free weights as an additional weight into local equipment. Do not release the caple of the Smith, use plates for more weight.
- 6. Each key in the gym is personal and intended only for use by those who paid the fee. The key holder is responsible for maintaining and disposing of the key in such a way that it does not violate the order. Inform about the loss of the key immediately to the Oripää's wellness and sports instructor, tel. 044 7625 325.
- 7. Every gym user is obliged to respect others, take other gym users into consideration and act in such a way as to avoid interfering in the gym and beyond, for example, when listening to music too loudly. If someone is acting disturbing, inform it to the wellness and sports instructor.
- 8. Every gym user trains according to their own condition and is responsible for it.
- 9. The gym is intended for fitness and all other activities, such as inappropriate stays, are forbidden.

- 10. Smoking, substance abuse and chewing gum in the gym are strictly forbidden.
- 11. Training time ends every day at 22.00 exactly (unless otherwise specified), after which the last gymnast must leave the room. The alarm system will be activated after 22.00. If the alarm goes on and is due to non-compliance with the opening hours, it will result in a fine of 50 euros.
- 12. The gym door is always kept locked. The last evening visitor turns off the lights and makes sure that the door is locked.
- 13. The municipality of Oripää is not responsible for clothes, goods, valuables, etc. brought and left in the locker room, coat rack or other gym rooms.
- 14. Violation of the gym rules may result in loss of access and the perpetrator of the vandalism will be subject to responsibility and is obliged to pay compensation.
- 15. The wellnessboard makes all decisions to the gym prices.